

Disrupting development routines with one day sprints



Hi, I'm Elena! I like to travel and I like to eat.



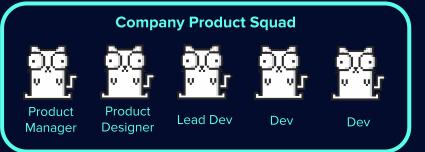
Our team is split into squads that focus on different parts of the platform.

Team structure



Team structure

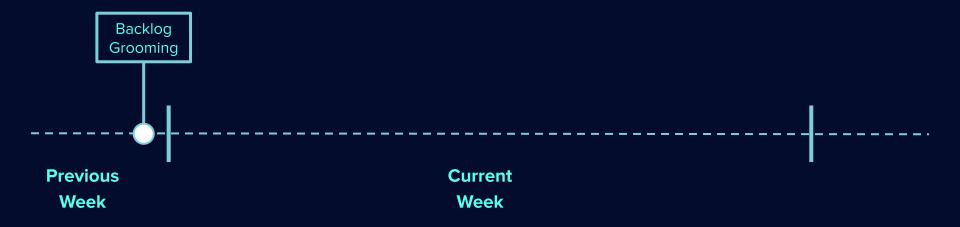
Product Team

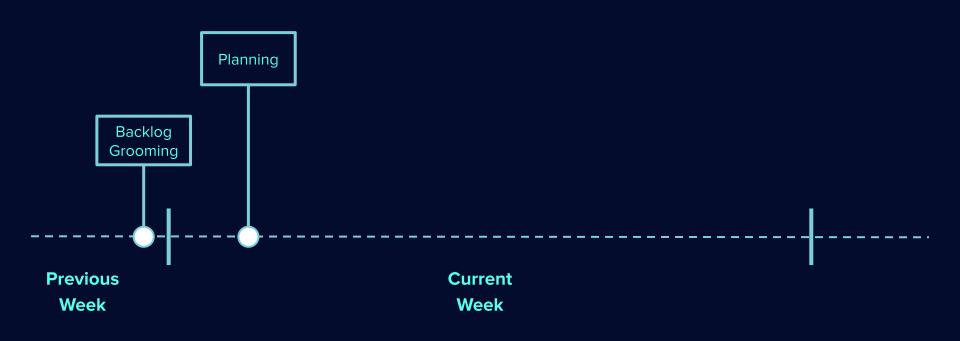


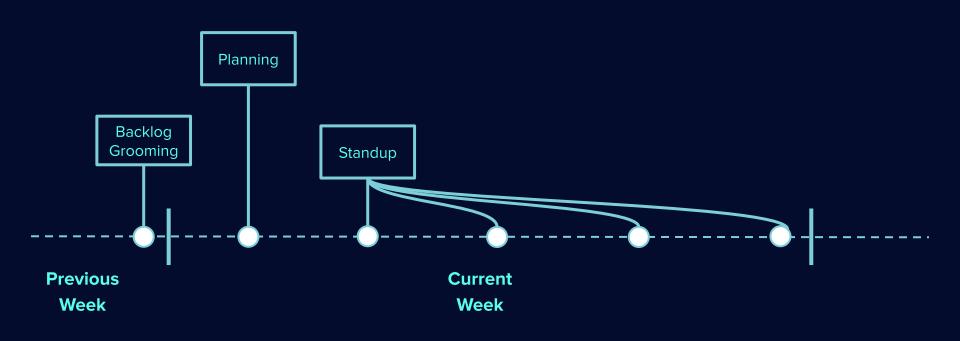
Squad

Squad

Squad



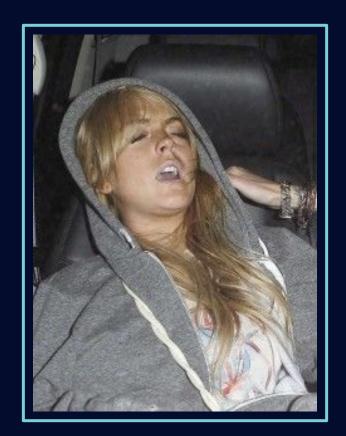




This is the flow we were trying to achieve on a weekly basis but we kept getting stuck. Planning Backlog Grooming Standup Retrospective **Previous** Current Week Week

So, we started to feel like this — Lindsay Lohan, circa 2010.

We were consistently stuck with what we called a 'hangover' into the next week.







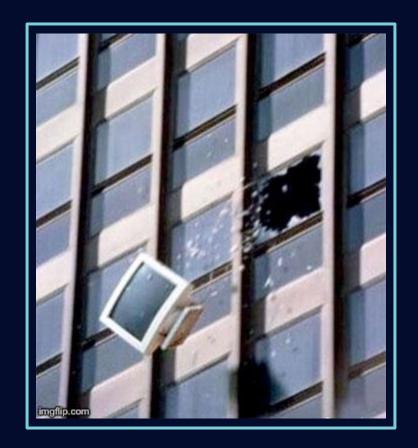
Our problems

- A. Underestimating complexity
- B. Inaccurate time estimation for tasks
- C. Figuring out the dynamics of a new team

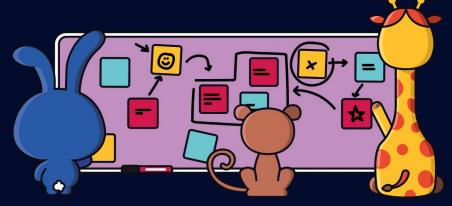


Our solution was to trial one day sprints for two weeks.

We came out slightly battered but mostly victorious.



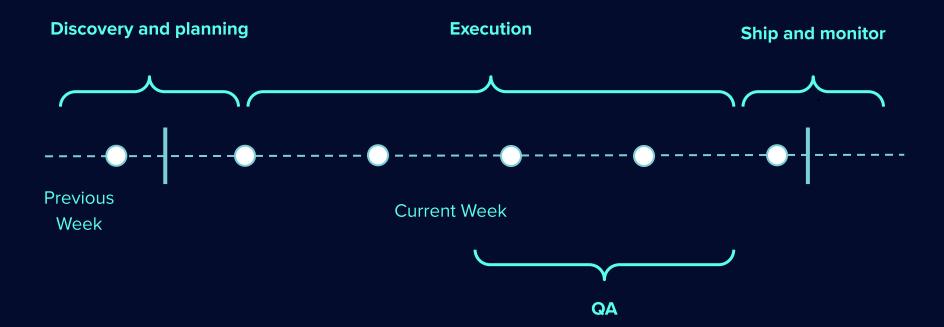




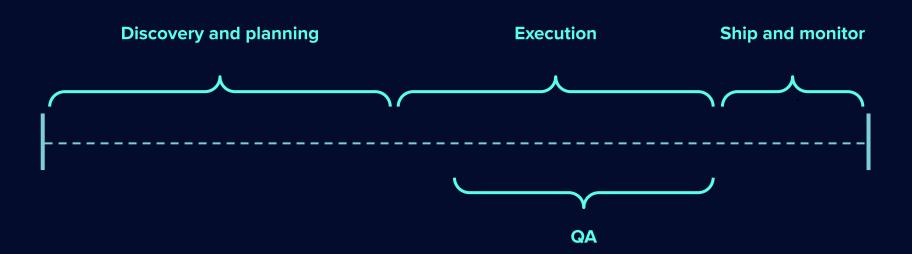
What is a one day sprint?



Week sprint



One day sprint timeline





One day sprint setup

The two things that proved to be most important in terms of physical set up were:

- Getting a room to ourselves to work uninterrupted.
- Having as many screens as possible.







Our problems and how one day sprints helped





- A. Hidden complexity in the system
- B. Swoop and poop



To try and counteract surprise complexity, our tactic was to figure out how to do the task without writing any lines of code.

This approach forced us to think of a multitude of solutions and then choose the best one.



Hidden complexity in the system





Hidden complexity in the system



'Swoop and poop' is how we affectionately refer to stakeholders coming in and changing the scope of the project or revealing some vital information halfway through the task.

During the one day sprints, we decided not to tolerate any vital info coming late, so we included stakeholders in the non-technical discovery chunk of the day.



Swoop and poop



This helped us tame the swoopers!



Swoop and poop



Time estimations are impossible

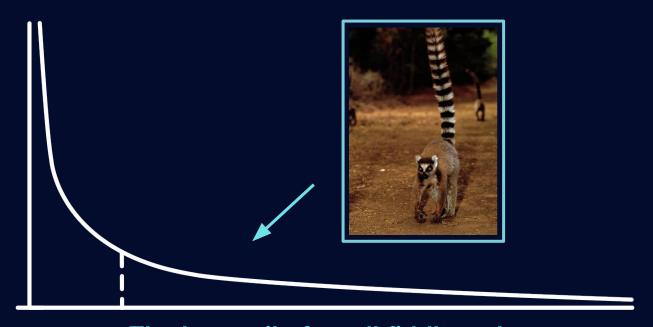




Time estimations are impossible

The long tail of small tasks at the end of a mission was delaying us before, as we didn't account for them in our planning.

During the one day sprints, we planned a one-day unit of work, factoring these fiddly tasks in.



The long tail of small fiddly tasks



Most of us who were involved in this experiment were pretty new at OfferZen, so we hadn't quite figured out how best to work with each other yet.





The one day sprints really helped with this because all our brains were on one problem simultaneously, so we quickly got an understanding of how each person solved problems and where they were knowledgeable.





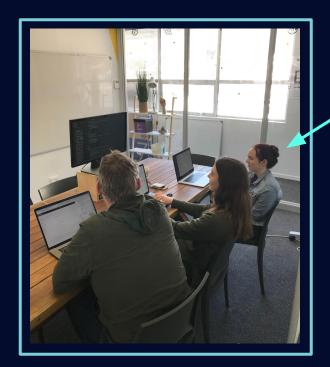
Here's a photo of us during the one day sprint experiment.





We also got to know each other better.

For example, this is Madelein. She is a full-stack developer and plays seven instruments!



Madelein



And this is Andries, whose two Maltese poodles are slowly sucking away his life force.

Andries



Madelein



By the end of our one day sprints, we were exhausted.

They required a huge amount of brain power. Two weeks was pretty long to commit all that energy every single day.





But once the exhaustion wore off, we were pretty happy that we'd tried something new that helped us hit the 'reset' button as a team.





We've now gone back to doing week-long sprints but we've incorporated a lot of what we learned during the one day sprints into how we plan and execute on tasks.

Most NB was that one day sprints helped surface invisible issues in our routines.



The aftermath





We learnt about

- A. The complexity of our codebase
- B. Extracting stakeholder opinions and information early
- C. Estimating how long tasks take
- D. Our teammates





The End

